

TIPS to get the most out of your Chlorhexidine Mouthwash



1 Brush your teeth first

Start by thoroughly brushing and flossing your teeth. Mechanically removing plaque from your teeth will reduce potential side effects when using Chlorhexidine mouthwashes.

We always recommend using a soft brush with a high number of densely packed bristles.

The Curaprox CS5460 Ultra Soft toothbrush is a soft, dense bristled brush.

2 SLS free toothpaste

Always check your toothpaste's ingredients to avoid a toothpaste containing Sodium Lauryl Sulphate (SLS) whilst using a Chlorhexidine mouthwash. SLS can negate the benefits of Chlorhexidine. If you are brushing with toothpaste containing SLS, wait at least 1 hour before using a Chlorhexidine mouthwash. Sodium Lauryl Sulphate is a foam forming agent used in some toothpaste.

DID YOU KNOW: All Curaprox toothpastes are SLS FREE – including Perio Plus+ Support toothpaste.

3 How much mouthwash to use

Use the dedicated measuring cup included with all Perio Plus+ mouthwash products when rinsing. Use only as the product instructs you to use or as recommended by your Dental Professional.

4 Ready, set, rinse

Empty the cup into your mouth and swish it around. Don't swallow it. Mouthwash is not meant to be ingested. Rinse and gargle for 60 seconds or as instructed by your Dental Professional. Enjoy the refreshing citrus flavour of Curaprox Perio Plus+ with no taste alteration.

SAFE TO USE: Perio Plus+ does not contain alcohol.

5 Spit it out

Spit the mouthwash out into the basin. Repeat morning and evening or as instructed by your Dental Professional.

6 Avoid

During treatment, **avoid consuming tobacco and foods that can discolour natural teeth and dental restorations – including coffee, red wine, juices, green and black tea, berries, cherries, saffron, and curry.** In combination with mechanical cleaning, this can minimise the risk of discolouration.

Consumers should always use Chlorhexidine mouthwashes as prescribed by their Dental Professional and within the time guidelines provided for each strength in the range. Over-use of a Chlorhexidine mouthwash may result in discolouration of the teeth and gums. If you do experience tooth discolouration when using Chlorhexidine products don't worry, it is not permanent and can be removed by a professional dental cleaning.

PERIO PLUS+: Active anti-biofilm combination of Chlorhexidine, Citrox®, Polylysine and Xylitol

Chlorhexidine has been prescribed by dentists for decades because it works. Perio Plus+ contains Citrox® to enhance the efficacy of the chlorhexidine and improve the taste.

- exceptional effectiveness due to the combination of active ingredients
- increased patient compliance due to more pleasant taste
- optimal solution for every patient thanks to the wide range of concentrations available

* It is clinically proven that the antibacterial qualities of Chlorhexidine are strengthened by the other active ingredients, which makes these mouthwashes, gel and toothpaste a powerful protection against a wide range of bacteria, fungi and viruses.



PERIOPLUS+

FORTE

PROTECT

REGENERATE

Chlorhexidine digluconate

0.20 %

0.12 %

0.09 %

Other Key Ingredients

- Citrox®
- Xylitol
- PVP/VA
- Polylysine

- Citrox®
- Xylitol
- PVP/VA
- Polylysine

- Citrox®
- Hyaluronic acid
- Xylitol
- PVP/VA
- Polylysine

Application

Rinse with 10ml of solution for 60 seconds. Rinse morning and evening after brushing or as directed by your Dental professional. Do not swallow.

Application duration

3 to 7 days

Up to 2 weeks

Up to 1 month



PERIOPLUS+

BALANCE

FOCUS

SUPPORT

Chlorhexidine digluconate

0.05 %

0.50 %

0.09 %

Other Key Ingredients

- Citrox®
- Xylitol
- PVP/VA
- Polylysine

- Citrox®
- Hyaluronic acid
- Xylitol
- PVP/VA
- Polylysine

- Citrox®
- Sodium fluoride
- Hyaluronic acid
- Xylitol
- PVP/VA
- Polylysine

Application

Rinse with 10ml of solution for 60 seconds. Rinse morning and evening after brushing or as directed by your Dental professional. Do not swallow.

Apply some gel to the affected area in the morning and evening or as directed by your dental professional.

Use in the morning and evening to brush your teeth.

Application duration

Up to 6 months

3 to 7 days

Up to 4 weeks

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